



Fruitport Old Fashioned Days Run

Saturday
May 24, 2014
9:30 a.m.

Sponsored by
Fruitport Lions Club

Football Field
Fruitport High School
Corner of 6th & Beech St.

Course

Measured loop course through scenic, but hilly Fruitport countryside.

Aid station at 3 miles and 5 miles: split times at 1, 3, and 5 miles. Post race refreshments provided. Restrooms and showers available at the Fruitport Middle School.

Entry Fee - two choices

With T-shirts

\$20.00 before deadline date (5/22/13)
\$25.00 thereafter including race day

Without T-shirts

\$13.00 before deadline date (5/22/13)
\$15.00 thereafter including race day

T-shirts not guaranteed for late registration.

Make checks payable to:

Fruitport Lions Club Run

Race Time

5K & 10K 9:30 a.m.

Runners at finish line will be electronically timed.



Registration

• On-line registration ending at 11:00 p.m.

Thursday, May 22, 2014

(www.GoRaceGo.com)

• Race day, Saturday, May 24, 2014, packet pick-up and registration beginning at 7:30 a.m. on FHS football field.

Race packets, including tee-shirts if requested, can be picked up between 8:00 and 9:00 a.m. on race day at the Fruitport High School football field.

Before May 22nd at:

The Storage Group in Fruitport
(Formerly Lundberg's Hardware)
42 S. 3rd Ave.

Hours: M - F: 9:00 a.m. to 5:00 p.m.
Sat: 9:00 a.m. to 2:00 p.m.
or on-line registration at

www.GoRaceGo.com

Awards

Ribbons for all finishers. Trophy to over-all male and female finishers. Medals in each division based upon percentage of entries.

Any proceeds the Fruitport Lions Club realizes from this event as well as other Old Fashioned Days activities are used to support new and ongoing community projects.



Fruitport Lions Pancake supper

Submitted by: Heidi Tice

Fruitport Lions pancake supper was a hit. With the help of the Fruitport Honor Society the January pancake supper turned out to be a popular community event. Tickets sales came in over \$1,200.00 and minus expenses the Fruitport Lions were able to present a check to the Fruitport Honor Society for \$713.00.

Lions and Honor Society members cooked and served up hundreds of pancakes. Besides unlimited pancakes the menu consisted of sausage links, milk, orange juice & an ice cream sandwiches all for just \$5.00 for an adult and \$3.00 for kids under 10. Lions Jim Schippers and Heidi Tice contribute the success of the event to the advance ticket sales the Honor society and Lions conducted.

Elizabeth Grimm, from the Fruitport Honor Society stated that the money made from the pancake supper event will be used to help offset the cost of the kids' AP tests. These tests help to further the college education of the enrolled AP students.

The Fruitport Lions in tandem with Mrs. Grimm are already looking to improve and plan for next year's pancake supper.



Honor Society kids ready for work



Lions on the serving line

Hospice volunteering is its own reward

by Mary Anne Gorman, executive director

In September, I attended a conference on aging in the evolving health care landscape. The keynoter was Dr. Sherwin Nuland, a nationally known physician, author and university professor. He is 82 years old and shows no sign of slowing down. He still teaches at Yale, travels across the country giving lectures and lives a full life enjoying his children and grandchildren.

He made a good case for keeping our brains alive through physical and mental exercise. Nothing earthshaking there! But his emphasis on the connection between caring for others and continuing health into later years struck a chord with me.

Dr. Nuland talked about agape — the Greek word for love in the oft-quoted scripture verse, "So faith, hope and love abide, these three; but the greatest of these is love." Love in this context means love of others, actively caring for others in one's community. Dr. Nuland believes that living well while aging requires this spirit of continuing to act for the good of others.

This is what the hospice movement is all about. Creating a caring community is at the core of our mission and our sense of responsibility for those in the community who need our care.

I think this is the kind of love that hospice volunteers in particular offer our patients and families. Many of them have experienced agape when their own loved ones were in hospice. They realize how enriched their lives can become by caring for our patients and caregivers. This selfless kind of care leaves its imprint on our families and accounts for their deep appreciation of those who journey with them.

If you've thought about volunteering for hospice, I hope you'll take the next step and call us. We can match you to a role that fits with your interests and schedule. I am confident that the experience will bring you a measure of satisfaction and contentment, and perhaps a longer life! •



Mrs. Grimm having a quick bite before the game.



Fruitport Lionesses were at the event conducting a baked goods sale and sold nearly all their goodies.



Honor Society members selling tickets outside the basketball game.



Lion Mike Johnson working the grill.



Four Generations

November 7, 2013 greeted the Tice family with a fourth generation baby. Corbin Lee Tice was born to Henney & Ricky Tice II at approximately 12:00 in the afternoon at Hackley Hospital. Corbin weighed 7 lbs. 9 oz. and was 21" long.

Corbin is the grandson of Ricky & Heidi Tice of Fruitport, Herman Scholte of Grand Haven, Brenda Gray of Fruitport; great-grandson of Perry & Donna Tice of Muskegon, Russell & Patricia Stressman of Fruitport, Hedrikje Knoll of Grand Haven; great, great-grandson of Vonja Rennells of Sault Ste. Marie.

The new family is happy and healthy at their home in Spring Lake.