

WE SERVE

Lions Clubs bring people together... ...for friendships.

...for a better tomorrow. Making a Difference Today

If you think you might like to be part of the Lion's Club, why not attend a meeting or two and check us out? We meet at 6:30 p.m. on the second and fourth Wednesdays of most months. We have dinner, a speaker or short program, a short business meeting, and comaraderie. Most meetings are over by 8:00 p.m. For more information, contact one of the following Lions' members:

Roger Barber Morning Bear David Markgraf DeVere Bendixen Mike Michelli Tom Christmas Barry Miller Gary Moore Dennis Cook Ronnie Mykols Don Cook Nancy Cook Floyd Peplinski Tom Piper Ron Cooper Morrie Dadd **Neil Punches** Terri Draeger Alan Richter Jim Essenberg Larry Rogers Jim Schippers Jim Feldt Bruce Gaultney Glen Selle Bruce Gaultney, Jr. Dale Strasler Cindy Gaultney Pat Stressman Ben Gillette Russ Stressman Dan Guzek Bob Szymoniak Larry Swisher Susan Halter Heidi Tice Dave Heylmun Duane Huyser Rick Tice Keith Johnson Joyce Tofil Lori Johnson Carl Werner Dan Weesies Alice Kauppila Jim Kauppila Chuck Whitlow Dave Kendrick Steve Wilson Bernie Langlois David Ybarra Fred Yonkers Dan Leaver

Fruitport Lioness Information

The Fruitport Lioness Club is a small, but active organization. Over the past several years, we have contributed over \$6,000 annually to various groups in our immediate area, as well as the Lions' projects throughout Michigan. Some of the groups that have received funds from us are Hospice of North Ottawa; Hospice of Muskegon/Oceana, Every Woman's Place; Camp Courage; Love, Inc.; Edgewood Elementary School; the Fruitport Library; Welcome Home for the Blind; Leader Dogs for the Blind; Paws With a Cause; National Camps for the Blind; and others. In addition, we give scholarships to Fruitport High School seniors. This list does not include other requests which come to us from time to time. Each request is evaluated on an individual basis.

Membership is open to any woman in our community who is interested in diversified programs, some work, and a feeling of accomplishment for a job well done. Annual dues are \$20.00. Please join us the first Monday of the month at 6:30 p.m. We usually meet at the Brownstone Restaurant at the airport. Feel free to contact one of the following for additional information:

Dee Barber Diane Birchmeier June Moore Kim Chappell Marsha Musil Margaret Cook Stacie Petersen Mariann Cooper Donna Pope Rose Dillon Rhonda Rogers Lori Essenberg Valerie Rogers Carol Hulka Pat Stressman Carol Langlois Alice Szpieg Sue Meyers **Bonnie Torrans**

36th Annual 5K 10K



Fruitport Old Fashioned Days Run

Sponsored by Fruitport Lions Club

Saturday morning May 27, 2017 8:30 (10K) & **8:40** (5K & Walkers)

Football Field Fruitport High School Corner of 6th & Beech St.

Course

Measured loop course through scenic, but hilly Fruitport countryside.

Aid station at 3 miles and 5 miles: split times at 1, 3, and 5 miles. Post race refreshments provided. Restrooms and showers available at the Fruitport Middle School. High school gym toilets only at starting line.

Entry Fee - two choices

With T-shirts

\$20.00 before deadline date (5/23/17) \$25.00 thereafter, including race day

Without T-shirts

\$13.00 before deadline date (5/23/17) \$15.00 thereafter, including race day

Make checks payable to: Fruitport Lions Club Run



MICHIGAN FITNESS FOUNDATION

Any proceeds the Fruitport Lions Club realizes from this event as well as other Old Fashioned Days activities are used to support new and ongoing community projects.

Course Records

5K (male) - Tom Chorny 14:47.9 (2008)

5K (female) - Sue McDonald 17:26.8 (1982)

10K (male) - Bob Lewis 29:31.6 (1982)

10K (female) - MaryAnn Gedritis 40:08.8 (1982)

Wheel chair - Jennifer Raymond 19:36 - (1997)

Race Time

8:30am - 10K

8:40am - 5K & Walkers

Runners and walkers will be electronically

timed at finish line.

Official Entr	y Form	T-Shirt Size			
(Please print clear)		SMLXL			
NAME:First	Last	If no T-shirt requested, check here(T-Shirt not guaranteed for late registration)			
ADDRESS:					
	City, State, Zip	Emergency Contact			
EMAIL:		Name / Telephone			
TELEPHONE NUMBE	R:				
5K	10K	Waiver(This release of obligation must be signed)			
Walkers Male	Female	In consideration of your accepting this entry fo I hereby for myself, my heirs, executors, administrators, waive and release all rights a			
Date of birth:		claims for damages I may have against the Fruitp 5,000 and 10,000 meter Road Race, the spons of these events, it's agents, representative successors, and assigners for any and all injure of the second by me at said run, or which may arise.			

• Paper registration ending on Tuesday, Participant's Signature ■ May 23, 2017 at 5:00pm

GORACEGO

On-line registration ending at 12pm **I** (Noon) Friday, May 26, 2017 ■ (www.GoRaceGo.com)

■ • Early packet pick-up and late registration Friday, May 26, 2017 from 4 to 5:30pm at Fruitport High School football field concession building (3113 E. Pontaluna Rd. park at Middle School parking lot)

Race day, Saturday, May 27, 2017, packet ■ pick-up and registration beginning at 7:00

- 8:00am on FHS football field.

-Shirt Size no T-shirt requested, check here

ergency Contact

	/	
Name	/	Telephone

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insideration of your accepting this entry form, reby for myself, my heirs, executors, and inistrators, waive and release all rights and ns for damages I may have against the Fruitport 0 and 10,000 meter Road Race, the sponsors lese events, it's agents, representatives, essors, and assigners for any and all injuries suffered by me at said run, or which may arise out of my traveling to, participating in and returning from these events.

Date:				
Parent's or Gua	rdian's	Signatu	re –	
if under 18 years	old			

mail to: Old Fashioned Days Run

16715 Pond Creek Court Spring Lake, MI 49456

or on-line registration at www.GoRaceGo.com