



A cord of three strands is not easily broken.  
- Ecclesiastes 4:12

American Heritage Girls® and Trail Life USA® are the premier Christ-centered character, leadership, and adventure organizations for girls and boys (K-12), serving 60,000+ members in 50 states.



Visit [AmericanHeritageGirls.org](http://AmericanHeritageGirls.org) and [TrailLifeUSA.com](http://TrailLifeUSA.com) for more information

*The American Heritage Girls Ministry develops Christ-following servant leaders who are honoring, relational, anchored, and competent; they are women of integrity.*

**Faith**

Girls are encouraged to grow in their faith and relationship with God through the AHG Faith Award Program, prayer, fellowship, and service which are woven throughout each aspect of the AHG Program.

**Leadership**

The AHG Program is rich in leadership opportunities for girls of all ages. Girls discover their passions, acquire project management skills, hold leadership positions, and work with girls of different ages and backgrounds.

**Citizenship**

Girls grow a deeper understanding of their country and heritage by participating in Patriotic events, serving in their community, and learning about their country through Badge work. Serving others and being active citizens with their Troop, fosters a lifelong love for their country and its people.

**Social**

AHG’s all girl multi-level Troop structure allows each member to create friendships with one another. This unique Troop structure allows for rapport, mentorships and learning opportunities to occur naturally among girls. Girls enjoy having fun and rate “time with their friends” as one of the key reasons they love the AHG Program.

**Emotional**

Girls are encouraged to be the best version of themselves each day. Girls learn strategies to foster healthy emotional intelligence and problem-solving skills. They receive programs that teach them how to be adaptive and resilient. Girls learn to regulate their emotions in the face of daily challenges with the help of the AHG Program.

**Life Skills**

Earning Badges provides girls the opportunity to learn a wide array of life skills, inspiring them to become lifelong learners and doers. At AHG, girls can step out of their comfort zone and try new experiences while discovering their life’s calling.

*“...Her faith is stronger because it extends past home and church! Her heart to serve amazes me every day and I believe that was*

The First Congregational Church of Fruitport would like to sponsor both an American Heritage girls group and Trail Life USA boys group. If you are interested in your kids being part of one of these groups or would like to help form one of these groups, please call 231-865-6370.

AHG OATH

I promise to love **GOD**.

•

Cherish my **FAMILY**.

•

Honor my **COUNTRY**.

•

Serve in my **COMMUNITY**.

AHG CREED

As an  
American Heritage Girl,  
I promise to be:

Compassionate

Helpful

Honest

Loyal

Perseverant

Pure

Resourceful

Respectful

Responsible

Reverent