



WE SERVE

Lions Clubs bring people together...
...for friendships.
...for a better tomorrow.

Making a Difference Today

If you think you might like to be part of the Lion's Club, why not attend a meeting or two and check us out? We meet at 6:30 p.m. on the second and fourth Wednesdays of most months. We have dinner, a speaker or short program, a short business meeting, and camaraderie. Most meetings are over by 8:00 p.m. For more information, contact one of the following Lions' members:

- | | |
|---------------------|-------------------|
| Roger Barber | James Meyer |
| Morning Bear | Mike Michelli |
| DeVere Bendixen | Barry Miller |
| Tom Christmas | Gary Moore |
| Dennis Cook | Ronnie Mykols |
| Nancy Cook | Wesley Owen |
| Ron Cooper | James Pancy |
| Morrie Dadd | Floyd Peplinski |
| Terri Draeger | Tom Piper |
| Corie DuBridg | Neil Panches |
| Jim Essenberg | Christina Rexford |
| Jim Feldt | Alan Richter |
| Bruce Gaultney | Larry Rogers |
| Bruce Gaultney, Jr. | Jim Schippers |
| Cindy Gaultney | Glen Selle |
| Ben Gillette | Dale Strasler |
| Mark Graves | Pat Stressman |
| Dan Guzek | Russ Stressman |
| Susan Halter | Bob Szymoniak |
| Dave Heylmun | Larry Swisher |
| Martin Hughes | Heidi Tice |
| Greg Hulka | Rick Tice |
| Duane Huyser | Joyce Tofil |
| Bob Jados | Debra Wagenmaker |
| Keith Johnson | Norm Welty |
| Lori Johnson | Carl Werner |
| Alice Kauppila | Chuck Whitlow |
| Jim Kauppila | Steve Wilson |
| Dave Kendrick | David Ybarra |
| Bernie Langlois | Fred Yonkers |
| David Markgraf | |

Fruitport Lioness Information

The Fruitport Lioness Club is a small, but active organization. Over the past several years, we have contributed over \$6,000 annually to various groups in our immediate area, as well as the Lions' projects throughout Michigan. Some of the groups that have received funds from us are Hospice of North Ottawa; Hospice of Muskegon/Oceana, Every Woman's Place; Camp Courage; Love, Inc.; Edgewood Elementary School; the Fruitport Library; Welcome Home for the Blind; Leader Dogs for the Blind; Paws With a Cause; National Camps for the Blind; and others. In addition, we give scholarships to Fruitport High School seniors. This list does not include other requests which come to us from time to time. Each request is evaluated on an individual basis.

Membership is open to any woman in our community who is interested in diversified programs, some work, and a feeling of accomplishment for a job well done. Annual dues are \$20.00. Please join us the first Monday of the month at 6:30 p.m. We usually meet at the Brownstone Restaurant at the airport. Feel free to contact one of the following for additional information:

- | | |
|------------------|-----------------|
| Dee Barber | June Moore |
| Diane Birchmeier | Marsha Musil |
| Kim Chappell | Stacie Petersen |
| Margaret Cook | Donna Pope |
| Mariann Cooper | Rhonda Rogers |
| Rose Dillon | Valerie Rogers |
| Lori Essenberg | Pat Stressman |
| Carol Hulka | Alice Szpieg |
| Carol Langlois | Bonnie Torrants |
| Sue Meyers | |



Fruitport OFD Run

Direct link to the race:
<https://runsignup.com/Race/MI/Fruitport/OldFashionedDaysRun>

Saturday – May 26, 2018
8:30AM - 10K
8:40AM - 5K / Walk

Sponsored by
Fruitport Lions Club

Football Field, Fruitport High School
 Corner of 6th & Beech St.

Entry Fee - two choices

With Moisture Wicking T-Shirts:
\$25.00 before deadline date (5/25/18 by 12PM)
\$30.00 thereafter including race day
(not guaranteed for late registration)

Without T-Shirts:
\$15.00 before deadline date (5/25/18 by 12PM)
\$20.00 thereafter including race day

Make checks payable to:
Fruitport Lions Club Run

Course

Measured loop course through scenic, but hilly Fruitport countryside.
• Course closed to vehicle traffic.
• Aid station at 3 miles and 5 miles: split times at 1, 3, and 5 miles.
• Post race refreshments provided. Restrooms and showers available at the Fruitport Middle School.

Official Entry Form

(Please print clearly)

NAME: _____
 First Last

ADDRESS: _____

 City, State, Zip

EMAIL: _____

TELEPHONE NUMBER: _____

____ 5K ____ 10K

____ Walkers

____ Male ____ Female

Date of birth: ____ / ____ / ____

Age on race day: _____



MICHIGAN FITNESS FOUNDATION

- Paper registration ending on Tuesday, May 22, 2018 at 5PM.
- Race fee increases after 12 Noon on Friday, May 25, 2018.
- Race day, Saturday, May 26, 2018, packet pick-up and registration from 7AM-8AM on FHS football field.
- Day of, on-site race registration will be available. T-shirt not guaranteed. Cash or credit cards will be accepted.

- SPONSORS:**
- Fruitport Lions Club
 - Everafter West Michigan
 - Anchor Chiropractic
 - Gear Group
 - The Storage Group



This year's race is dedicated to
Courtney M. Frazine
 12/16/77 - 12/9/17

Courtney's life was cut short by an accident while jogging in Fruitport. In the last several years, she was diligent in her fitness goals and enjoyed running this race with friends.

Participants' post-race refreshments provided by Fruitport Lions Club

Award Ceremony
 Approximately 10AM
 on football field

Any proceeds the Fruitport Lions Club realizes from this event as well as other Old Fashioned Days activities are used to support new and ongoing community projects.

Course Records

- 5K (male) - Tom Chorny 14:47.9 (2008)
- 5K (female) - Sue McDonald 17:26.8 (1982)
- 10K (male) - Bob Lewis 29:31.6 (1982)
- 10K (female) - MaryAnn Gedritis 40:08.8 (1982)
- Wheel chair - Jennifer Raymond 19:36 - (1997)

Race Time

10K @ 8:30AM
5K / Walkers @ 8:40AM
 Electronic timing provided by
 Runner's Edge Race Timing.



T-Shirt Size

____ S ____ M ____ L ____ XL

If no T-shirt requested, check here _____

Emergency Contact

 Name / Telephone

Waiver

(This release of obligation must be signed)

In consideration of your accepting this entry form, I hereby for myself, my heirs, executors, and administrators, waive and release all rights and claims for damages I may have against the Fruitport 5,000 and 10,000 meter Road Race, the sponsors of these events, its agents, representatives, successors, and assigners for any and all injuries suffered by me at said run, or which may arise out of my traveling to, participating in and returning from these events.

Participant's Signature

Date: _____
 Parent's or Guardian's Signature –
 If under 18 years old

X _____

Mail by 5/22/18 to:
Old Fashioned Days Run
 PO Box C
 Fruitport, MI 49415

or Drop off by 5/22/18:
The Storage Group
 42 S. Third
 Fruitport, MI 49415

Direct link to the race by 5/25/18:
<https://runsignup.com/Race/MI/Fruitport/OldFashionedDaysRun>