

Overall 5K Winners



Aaron Simot
17:13.0



Margaret Lowe
21:57.7

Fruitport Lions Club Old Fashioned Days 2018 5K -10K Run

5K - Male 15 to 19 (Cont'd)

Michael Piechocki	17:47.8
Lucas Vanderploeg	19:57.0
Austin Golden	20:55.7
Cade Koehler	22:21.9
Michael Simot	24:38.3
Brandon Knapp	27:00.2
John Braun	27:27.7
Tyler Ranshaw	27:54.9
Nate Lowing	31:39.2

5K - Male 20 to 24

Jason Johnson
27:34.2

Ron Atkin	27:43.4
Adam Knapp	28:31.1

5K - Male 25 to 29



Robbie Jones
25:53.9

Jesse Baxter	30:41.6
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5K - Male 30 to 34

Joel Blease
30:30.6

Nick Bailey	31:42.5
Nadya De Lopez	34:57.5

5K - Male 35 to 39



Colin Brown
20:54.2

Sam Cooper	21:00.7
Scott Wescott	23:50.2
Joel Johnson	24:00.3
Jessy Thompson	26:28.3
Scott Kinney	28:12.8
Aaron Bock	48:37.2
Drew Koschmann	53:44.1

5K - Male 40 to 44



Jb Meeuwenberg
22:18.4

5K - Female 15 to 19



Katana Daniely
24:23.1

5K - Female 20 to 24

Andie Young
24:16.3

Courtney Shear	26:28.1
Lauren Lamar	30:01.4
Abigail Meinders	34:25.0
Allison Singer	41:49.0

5K - Female 25 to 29



Jessica Shelton
26:22.8

Kimberly Saviano	29:04.3
Abigail Tissue	29:11.9
Samantha Dalman	30:36.4
Sara Hansen	33:58.8
Sarah Powell	34:01.5
Kimberly Krbez	35:20.2
Meredith Achtenberg	35:46.2
Kate Fisher	36:31.9
Sarah Fessenden	38:11.8
Abbey Murphy	42:04.5

5K - Female 30 to 34

Krystle Grimes
29:49.5

Nicole Kotecki	30:33.8
Erin Lothschutz	30:44.5
Tanya Johnson	30:58.4
Kristen Pickard	31:20.2
Kaytlyn Haase	32:09.6
Brandi Michelli	33:19.3
Stephanie Boerma	33:25.1
Kristin Potter	36:13.3
Cassandra Riggs	47:26.8

5K - Female 35 to 39



Tonya Demint
25:07.7

5K - Male 40 to 44 (Cont'd)

Travis Nadeau	22:18.9
Dan Sroka	24:58.4
Jeff Devries	25:21.1
Jeff Walker	25:54.3
Daniel Modderman	25:57.6
Jaime Peterson	26:00.9
Dean Bettendorf	27:21.7
Daniel Lee	28:28.0
Seth Baldwin	30:28.2
Doug Golden	32:17.4
Danny Vickers	34:57.1
Brian MacLachlan	36:49.8
John Montalvo	53:15.0

5K - Male 45 to 49

Chris Carlson
21:42.9

Jason Boyink	23:27.8
Wayne T Fuller	25:42.8
Marc Smith	31:16.9
Tom Zeller	31:43.0
Kirk Deneen	32:03.2
Dirk Weesies	40:57.4

5K - Male 50 to 54

Brian Johnson
22:50.8

Gayl Beals	26:13.1
William Schmidt	26:22.9
Len Lawrence	28:02.6
Bob Singer	32:21.4
Tom Catz	38:31.5

5K - Male 55 to 59

Richard Achtenberg
30:58.8

5K - Male 60 to 64



Mark Soderstrom
23:18.1

Rick Baker	24:23.1
Eric Hinderleider	26:37.6
Dave Neff	39:33.1
Kim Cyr	41:58.5
James Postg	48:54.9

5K - Male 65 to 69

Don Correll
22:50.5

Dave Kendrick	27:59.5
Dale Mosher	29:42.0
David Borck	40:42.2

5K - Male 70 to 79

Francis Nawrocki
30:46.7

Matt Britton	36:04.2
Jim Fisher	43:03.6

5K - Male 80 and over



Stan Vandenbosch
39:27.0

5K - Female 35 to 39 (Cont'd)

Laura Demint	28:20.2
Angie Montalvo	30:20.6
Meggan Johnson	32:31.8
Brooke Johnson	33:50.3
Stacey Lindale	34:47.2
Stephanie Ludlow	35:27.4
Kelli Wyma	38:21.1
Sara Edgerton	41:12.2
Heather Fett	49:06.8

5K - Female 40 to 44



Georgi Lewis
24:12.3

Elizabeth Baldwin	28:44.4
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Jennifer Locascio	30:48.4
Theresa Braun	33:27.6
Lashawn Walker	34:53.9
Robin Dorman	37:19.7
Christina Zimmerman	40:52.0
Debra Pearson	46:16.0

5K - Female 45 to 49



Kristen Lawrence
26:51.1

Rhonda Fisher	30:30.5
Susan Sova	30:40.8
Lori Draper	31:41.1
Jennifer Anderson	33:51.5

Jill Shelton	34:41.7
Melissa Seelye	35:55.4
Tammy Kotecki	37:30.5
Melinda Gorter	39:09.7
Pam Obrien	39:18.3
Tonya Stressman	1:08:45.1

5K - Female 50 to 54

Janice Vanderwal
31:21.7

Lisa English	35:46.0
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5K - Female 55 to 59



Patti Fialek
27:03.1

Catherine Ostrowski	27:53.9
Julie Raynor	29:17.7

5K - Male 9 and under



Davis Johnson
23:41.1

5K - Female 9 and under



Jaelyn Baldwin
27:13.7

Daniel Ewer	26:00.3
Justin Malek	26:40.2
Nicole Robbins	26:45.9
Lance Osterhart	27:53.7
Rodney Addison	28:56.4
Luke Koschmann	29:05.5
Fletcher Frazine	32:46.5
Murphy Lengkeek	37:28.1
Theodore Koschmann	53:43.0

Oakley Osterhart	28:15.2
Porter Johnson	33:52.8
Ally Vickers	34:56.0
Laine Zimmerman	40:52.2
Milina Bock	46:32.8
Rayne Addison	46:33.4
Vyera Bock	48:36.9
Abigail Cooper	52:10.4
Evelyn Montalvo	53:15.1

5K - Male 10 to 14

Ian Hill
19:48.2

Justin Laus	21:23.6
Vaughn Luce	21:49.2
Johnathan McMillan	22:52.7
Ethan Horan	23:46.4
Graeson Lawrence	24:13.5
Levi Bol	24:22.8
Alexander Lawrence	24:40.9
Jacob Piper	24:41.4
Gerrit Lyyski	25:31.0
Mason Smith	25:42.6
Weston McFarland	25:56.7
Bryan Lopez	27:10.6
Ari McFarland	28:20.3
Gavin Kevwitch	29:20.0
Demitri Lawrence	30:02.9
Kaidyn Hill	35:09.9
Joshua Seelye	35:23.8
Cooper Lengkeek	36:03.9
Easton Fett	40:57.8
Jake Fisher	42:58.7

5K - Male 15 to 19



Caleb Gaffner
17:17.6

5K - Female 10 to 14



Brooke Sweet
23:09.5

Morgan Lawrence	26:36.3
Sydney Woods	26:36.4
Nadia Fuller	26:59.9
Autumn Morton	27:00.2
Mallory Smith	28:13.6
Brynn Demint	28:22.6
Lauren Lee	28:23.8
Julia Dykema	28:33.7
Morgan Wescott	28:38.7
Grace Opsommer	29:25.8
Drew Brown	29:26.9
Nadia Luce	31:23.8
Ashley Kinney	32:30.9
Mara Gilmore	32:31.4
Lillianna Rooney	32:51.1
Grace Michelli	33:53.5
Sadie Haase	34:28.6
Hallie Lindale	34:45.6
Marin Zimmerman	35:44.6

Skyler MacLachlan	36:49.5
Holly Huffman	38:54.1
Layce Higginbotham	39:51.7
Rihanna Singer	41:48.4
Riley Koehler	1:08:45.5