

## 13th Annual Ride to Remember

by Jim Kauppila



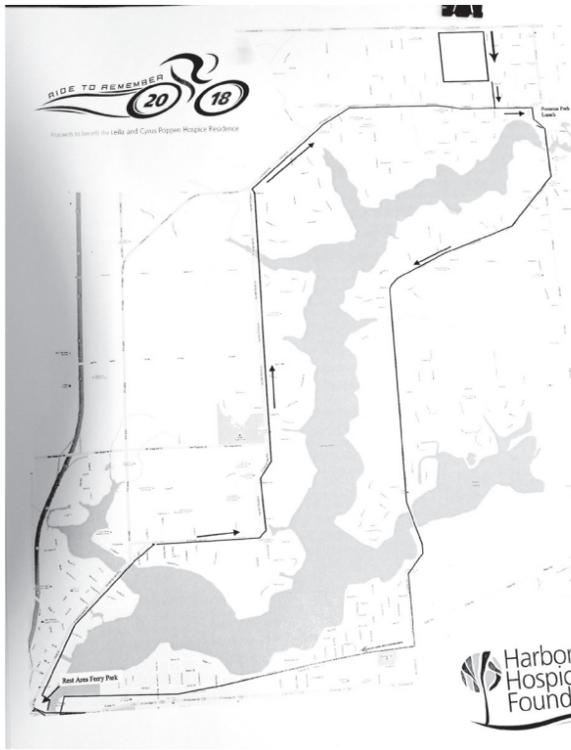
Once again, the Fruitport Lions Club has partnered with Fruitport Chiropractic Center and X-Cell Integrated Health, to sponsor the fifteen-mile ride around Spring Lake. One hundred percent of the registration fees collected will benefit the Leila and Cyrus Poppen Hospice Residence located in Fruitport. In the previous twelve years this event has raised over thirteen thousand dollars for the home.



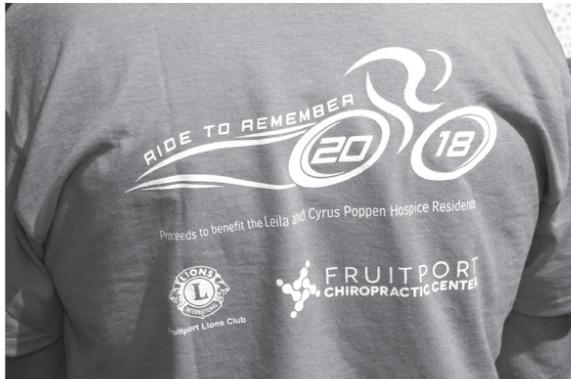
The Poppen Residence provides blessed care to those at the end of their lives, providing comfort to the patient and family. The monies raised in this event provide extras for the comfort of the patients and families. We are part of a great opportunity to assist in this care option.



The event will start from Edgewood Elementary School parking lot, then travel south on Sixth Street. At the corner of Park and Sixth, the route turns left (or east). The bike path travels east on Park. At the northwest corner of Pomona Park, the bike path heads south, through the park, eventually paralleling North Fruitport Road. Just past Spring Lake Country Club on the left, and



the cemetery on the right, the route turns west to the junction where Spring Lake joins with the Grand River. The bike path does a loop up and over the river. Ferry park is the half way point, where bathrooms, water and granola bars will be available. After a short break, the route continues north on West Spring Lake Road, turns right (east) on West Fruitport Road which joins Park St. Continue on Park till you arrive at the northwest corner of Pomona Park. Lunch will be provided at the Pavillion courtesy of the Fruitport Lions Club.



Registration is available online at: [harborhospicemi.org/ways-to-give/ride2remember/](http://harborhospicemi.org/ways-to-give/ride2remember/) or the day of the event starting at 10:00 am at the Edgewood Elementary Parking lot.

A new option for Crowdfunding has been added to the event. The Fruitport Lions Club has challenged Fruitport Chiropractic Center to raise the most money through this option. We have Crowdfunding and two riders, Lions Jim Feldt and Bruce Gaultney, Jr. We are most thankful for their efforts.

The Crowdfunding page can be accessed

through Harbor Hospice link as well. Lions Jim Feldt and Bruce Gaultney Jr's crowdfunding pages are easiest to access from our Fruitport Lions Club Official Facebook page.

[www.facebook.com/Fruitport-Lions-Club-Official-740306362784450/](http://www.facebook.com/Fruitport-Lions-Club-Official-740306362784450/)

Whoever wins the challenge, the real winner is the Poppen Hospice Residence.



## Recreational Marijuana

What you need to know starting April 20

- It is illegal to use marijuana in any public space.

- It is illegal to drive or operate a motor vehicle, including boats and ORVs, under the influence of marijuana.

- A third of impaired driving incidents can be traced to marijuana, according to Smart Approaches to Marijuana.

- It is always best to have a designated driver, who will remain completely sober, or use a taxi or other ride service.

- Marijuana impairs psychomotor performance; which can limit movement and coordination, manipulation and dexterity, grace, strength and speed. All of which are related to driving.\*

- It is illegal to possess or use recreational marijuana for people younger than the age of 21.

- It is illegal for someone to give marijuana to people younger than the age of 21.

"The Ottawa County Sheriff's Office is committed to combat drugged driving by taking a zero tolerance approach in our enforcement efforts.

"Deputies will be on the lookout for impaired drivers which includes drivers who use marijuana. The Ottawa County Sheriff's Office has a number of deputies who have been trained to look for, process and arrest drivers who are impaired by drugs.

"The Ottawa County Sheriff's Office reminds

drivers that if you feel different, you drive different."

Sgt. Mike VandenBosch  
Ottawa County Sheriff's Office  
Traffic Services Unit

### Marijuana Use and Teens:

- Using marijuana during adolescence will interfere with brain development; doubling the risk of depression or bipolar disorder and quadruples the risk of developing psychosis (e.g., hallucinations, schizophrenia, angry outbursts).

- Today's marijuana has 217% more potency than in 1995, which contributes to the increased likelihood of developing psychosis.

- 1 in 6 teens who use marijuana become addicted.

- Long-term consistent use (at least one time per week and compared with non-users) decreases likelihood of earning a college degree, decreases income, increases dependency on welfare and increases rate of unemployment.

- Concentrated marijuana edibles, oils and waxes are 50-90% THC. THC is the psychoactive ingredient in marijuana.

For more information, visit [www.talksooner.org/](http://www.talksooner.org/).

"Our goal is to ensure that people have the tools that they need in order to make informed and responsible decisions. Marijuana is a drug that causes impairment and it very dangerous for teens and young adults. Parents can and do have a huge influence in the decisions that their kids make. We encourage parents to talk to their kids about

marijuana use and the potential consequences to their health, if they were to use it. For tips and resources to help with those conversations, parents can visit [www.talksooner.org/](http://www.talksooner.org/)."

Becky Young  
Ottawa County Department of Public Health  
Health Promotion Supervisor

\* Source: Professor Dr. Dr. (h.c.) Marilyn A. Huestis, Lambert Center for Study of Medicinal Cannabis & Hemp, Thomas Jefferson University, Philadelphia, PA

## House Bill 4126: Require Medical Marijuana Pregnancy Warning Label

taken from the 2/25/19 Grand Haven Tribune

Introduced by Rep. Thomas Albert (R), to impose a warning label requirement on producers and sellers of medical marijuana that is focused on women who are pregnant or breastfeeding. Products would be required to have a label warning pregnant women that use may result in "fetal injury, preterm birth, low birth weight, or developmental problems for the child." Retailers would have to give every buyer a pamphlet with safety information on marijuana use by minors, and a poison control hotline number. Referred to committee, no further action at this time.

MichiganVotes.org, a free, non-partisan website created by the Mackinac Center for Public Policy, providing concise, plain-English descriptions of every bill and vote in the Michigan House and Senate. Please visit [www.MichiganVotes.org](http://www.MichiganVotes.org).