

## New Business Profile: Water's Edge Spine and Sport Chiropractic Care

by Calvin Holtrop



Dr. Seth Kintigh, a general practice chiropractor, at Water's Edge Spine and Sport, provides conservative management of musculoskeletal injuries to anyone in need of chiropractic care. With a background in sports and athletic training, Dr. Kintigh is also ready to treat injured athletes.

Whatever the specific treatment, Dr. Kintigh's goal is helping people get better. And because chiropractic care is more hands-on work than what most doctors do, a key ingredient to reach this goal is building a relationship of trust and good rapport between Kintigh and each of his patients. He says this goal and these trusting relationships are the two aspects that he loves so much about his profession. "And, really, I've found [they] have been what makes me excited to come back to work every morning."

A second-generation chiropractor, Kintigh grew up around the profession. He says the chiropractic care he received while in high school and college helped him through his athletic career.

Dr. Kintigh sees each patient as a unique person, making treatment plans unique to their needs. From a detailed exam, he determines where X-rays are needed and whether he can



treat the patient in the first visit. While Water's Edge does not provide X-rays, Dr. Kintigh will refer his patients out to get them. Also, if X-rays

show a need for surgery, he will refer the patient to an orthopedic surgeon. He said his patients can usually expect six to twelve visits over four to six weeks, to recover from most conditions he treats.



Seth and his wife, Annie, both from the Jackson area, have recently settled down in the Spring Lake community and set up shop in Fruitport. Dr. Kintigh holds an undergraduate degree in athletic training, from Indiana Wesleyan University, and a doctorate in chiropractic, from Logan University in St. Louis, Missouri. Before they moved to St. Louis, the Kintighs each worked for Mercy Health



for about a year, Seth as an athletic trainer at Holton High School and Annie as a nurse. They welcomed their first child, a daughter, into their home earlier this year. The Kintighs are excited to become part of the Fruitport community.

To find out more information about hours and treatments, or to book an appointment with Dr. Kintigh, give Water's Edge a call, (231) 366-6035. Visit his website at <https://www.watersedgespine.com/> or email him at [watersedgespine@gmail.com](mailto:watersedgespine@gmail.com).

You can also stop in at the office, at 14 South 3rd Ave., right between The Village Pharmacy and Parkside Pizza & Subs.

## Campers Return In Person This Summer!

from Harbor Hospice



We are pleased to announce that after two years of creating meaningful ways to bring Camp Courage to children in their homes, we're planning to hold it in person this summer!

First, we offer you our gratitude. Finding a way to support grieving children in the midst of COVID, when we could not hold Camp Courage in person, was of great importance to us. When a child loses someone they love, often the adults they would go to for comfort are also grieving and can't offer much help. Surrounded by sadness and silence, unable to find someone to listen to them or answer their questions, children can become fearful or angry, and their unresolved pain can surface for years.

Your support of our improvised camp-at-home programs, launched with the onset of COVID in 2020, made it possible for us to continue to reach out to children. Throughout the summer months, we sent them activity packages and age-appropriate books about loss, posted welcome

videos, and hosted online conversations during which no child's question went unanswered.

The children loved it and felt a sense of camaraderie with other campers, even though they met virtually. And our grief counselors were able to stay in touch with the children to see how they were doing.

This summer, with COVID numbers decreasing, vaccines available for children, and health protocols in place, we are moving ahead with in-person sleepover camp! We look forward to gathering with the children and doing traditional camp activities with them such as swimming, crafts, and making s'mores around the campfire.

The children will also take part in creative, healing activities to help them remember the person they love so much and to learn how they can grieve in healthy ways. Their experiences at Camp Courage will give them tools they can draw on years from now when they face other difficult situations.

Because we have seen how life-changing Camp Courage can be for a child, we charge only a \$10 application fee, which we waive if needed. We don't want the cost to stop any girl or boy from being able to attend. And that is why we reach out to you each spring and ask for support.

Camp Courage will be held June 17 through 19. Our cost for three days and two nights of meals, lodging, staff and supplies is about \$550 per child. Please consider making a gift to the Harbor Hospice Foundation on behalf of campers so we can continue to make this milestone experience available. Your donation of any amount is a compassionate investment in a child's future.

Thank you!

For more information or to register, contact Kari Allen at 231.728.3442 or 1.800.497.9559 or email: [info@HarborHospiceMI.org](mailto:info@HarborHospiceMI.org) or visit our website at: [HarborHospiceMI.org](http://HarborHospiceMI.org).

## For Help or To Help: Every Woman's Place

Phone: (231) 759-7909  
24 Hour Crisis Line: (231) 722-3333  
[www.everywomensplace.org](http://www.everywomensplace.org)  
1221 W. Laketon, Muskegon, MI 49441

UNDER SAME OWNERSHIP

**WEST MICHIGAN CITY**  
SEPTIC SEWER & DRAIN SERVICE

7 DAY A WEEK SERVICE  
Complete Full Service Residential & Commercial Septic System Services

- Septic system installation & repair
- Septic system inspection & cleaning
- 300 linear feet to protect your lawn
- DNR licensed, Health Department approved
- Fully insured, licensed & bonded
- Emergency Service
- Grease trap cleaning

Celebrating 34 years of service

MUSKEGON 231 739-7423	GRAND HAVEN 616 847-1072	COOPERSVILLE 616 837-1800
--------------------------	-----------------------------	------------------------------

www.wmssd.com

UNDER SAME OWNERSHIP

MENTION THIS AD FOR \$10.00 OFF

Declare your financial independence. Call today.

**Floyd J Peplinski, AAMS\***  
Financial Advisor  
384 North Third Avenue Suite C  
Fruitport, MI 49415  
231-865-3868  
[www.edwardjones.com](http://www.edwardjones.com)  
**Edward Jones**  
MAKING SENSE OF INVESTING

# Meet

**KELLY & CHAD**  
Family Service Counselors

As dedicated pre-need counselors, they have helped countless families design the funeral, cremation service, and or memorial service they desire.

**Did you know that pre-planning also...**

- + Offers safe and affordable payment options
- + Fights inflation and saves you and your family money

**KELLY ZEDNIK**  
Family Service Counselor  
- 10 years with Sytsema's  
"I feel honored and enjoy helping families design their services to reflect the life they have shared with their family, their faith and their friends."

**CHAD DAVIGNON**  
Family Service Counselor  
- 5 years with Sytsema's  
"I help educate families and help them put an intentional plan in place to lessen the burden on their family during a time of emotional upheaval."

**Call us to learn more!**  
(231) 798-1100

**SYTSEMA**  
FUNERAL & CREMATION SERVICES  
WHEN IT MEANS EVERYTHING  
Proudly serving the Fruitport area  
(231)726-5210 // (616)842-6100 // [www.sytsemafh.com](http://www.sytsemafh.com)