

## Spike Protein in Vaccines

by Mariann Cooper

Many people have growing concerns over immune system health, how to make the immune system stronger. There are also increasing concerns on how to detox our bodies from daily bombardments of metals, molds, chemicals, etc. in our environment and water. Then, there is an even greater concern over offsetting any adverse conditions related to ingredients in vaccines and medicines. Below is a list of references to learn to detox, heal, offset adverse side effects, and to rebuild a stronger immune system. ([nlm.nih.gov](http://nlm.nih.gov))

For instance, one ingredient in the C-19 vaccine is graphene oxide which causes magnetism and, worse, is what hooks up to 5G and sometimes causes horrible things to happen.

Dr. Sherri Tenpenny recently made available an outstanding presentation on her website. She discussed *20 Mechanisms of Injuries (MOIs)* associated with coronavirus injections. Her third and fourth MOI addressed how “the spike protein can damage organs directly by promoting cardiovascular complications.” In addition, the “spike protein can trigger changes in blood vessel walls, leading to *pulmonary artery hypertension (PAH)*, which is fatal even under the best current conventional and alternative treatments.” Her findings were recently validated by the *Salk Institute for Biological Studies*. On April 30, 2021, researchers at the Salk Institute confirmed the mechanism through which the spike protein damages vascular cells. Damage to the lungs and arteries had long been known to be caused by the SARS-CoV-2 spike protein but scientists did not know how it was done. These researchers showed “that the spike protein damaged the cells by binding ACE2. This causes damage and fragmentation.”

People have been badgered into getting vaccinated for a disease that is not a threat to the vast majority of our population. Notice how the mask mandates are being lifted for the vaccinated who are now the worst spreaders of the disease. But people who obtained natural immunity due to being exposed and actually getting COVID-19 are being completely ignored. In some ways they are being penalized or deprived of privileges because they are not vaccinated, but their immunity is much stronger than that of a vaccinated person. There never was a reason to wear a mask. ([angiesoptiongrm.org](http://angiesoptiongrm.org))

The spike protein on the novel coronavirus behind the 2020 global pandemic clings to its target on human cells 10-20 times as tightly as the SARS spike protein does to the same target. Such a tight grip may help the C-19 virus spread more easily

## Iva June Snow 1921 - 2022



Fruitport's Mrs. Iva June Snow, age 100, passed away at her home in Fruitport, Michigan on Saturday, March 19, 2022. She was born in Muskegon Heights, Michigan on May 31, 1921 to Vern and Mary (Van Haver) Drake. Iva married Glenn Snow in February of 1938 and he preceded her in death in 1994. She was employed by the Federal Government and worked at the Fruitport Post Office for 30 years prior to her retirement. Iva was a member of Fruitport Congregational Church. She is survived by two daughters, Sandra Grimm and Cheryl Snow; six grandchildren, Cristine (Terry "Max" Lautzenheiser) Grimm, Theresa Balavitch, Jon (Estella) Grimm, Matthew (Eva Mallay) Grimm, Jason (Melissa) Balavitch, and Sarah (Mark) Reyers; eleven great-grandchildren; and three great-great-grandchildren, with number four due in June. Iva was preceded in death by her husband, Glenn; four sons, Donald, Terry, Errol and Paul Snow; son-in-law, Raymond Grimm; grandson, Stuart Balavitch; her parents; and ten siblings.

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from person to person, researchers now say.

A great, new movie documenting the efforts of America's Frontline Doctors to tell the truth about COVID-19 is called "Seeing 2020." It is only an hour long, but clearly explains how misinformation and cancel culture created a pandemic of fear. You can purchase it (less than \$10) to share with family and friends. This fight is not just about COVID-19. It is a fight for the Constitution of the United States of America and all freedom-loving people. We will remain calm and civil in our efforts because we trust God to open the doors and let truth prevail.

Another good book for those willing to raise their voice in defense of the divinely-inspired, American Way of life, liberty and the pursuit of happiness is "Irresistible Revolution: Marxism's Goal of Conquest & the Unmaking of the American Military."

Angie wrote "There's an Elephant in the Room--Exposing Hidden Truths in the Science of Health" which gives hope and protection having our own immune system function properly. ([angiesoptiongrm.org](http://angiesoptiongrm.org))

(*Natural News*) It turns out that, contrary to popular belief, damaged brain tissue *can* be regenerated naturally, possibly even after getting ravaged to death by Wuhan coronavirus (Covid-19) "vaccine" spike proteins. While it may not be a foolproof way to undo all of the damage caused by the injections, sulforaphane, a sulfur-containing biomolecule found in broccoli and other cruciferous vegetables (i.e., cauliflower), is still an amazingly powerful wonder phytonutrient with incredible potential to reverse spike protein damage. (Related: [Sulforaphane is also beneficial for people with autism.](#))

FACT: Covid vaccine spike proteins are causing heart attacks. ([www.afinalwarning.com/551285.html](http://www.afinalwarning.com/551285.html)) The spike proteins found inside the vials - or that are produced inside the body by the jab if it is an mRNA type - are causing changes to the cells in the small blood vessels of the heart. This phenomenon, they found, is linked to heart attacks and other cardiovascular damage. Not only do vaccine-induced spike proteins cause the person who was injected with them to suffer, but they have also been found to harm others through 'shedding.' "Real-world evidence shows the myocarditis link is real, as even the CDC now admits."

Some other articles you may be interested in: "Pfizer's COVID 'vaccine' responsible for hepatitis outbreak in children;" "Study reveals Pfizer's C-19 vaccine can potentially alter DNA in human liver cells;" "White House seeks more funding for COVID vaccine boosters - but Republicans say NO;" "Pharmaceutical giant Gilead spent \$259

## Ardis Liddle 1921 - 2022



Muskegon's Mrs. Ardis Stenberg Liddle, age 100, passed away peacefully at her home on Sunday, April 10, 2022. She was born in Muskegon on May 21, 1921 to Leonard and Helen (Coon) Stenberg. Ardis was raised in Muskegon prior to moving to Arizona in the late 1940's. She moved back to Muskegon in the early 2000's. On June 22, 1974, Ardis married Fredrick "Fred" Liddle and he preceded her in death in 2001. She was also preceded in death by her parents and five siblings, Clyde Stenberg, Carl Stenberg, Mary Jane Curry, Barbara Walker, and Charles Stenberg.

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## Fruitport District Library: Free Lunch for Kids

submitted by Matt Lubbers-Moore, FDL Director

The Fruitport District Library is excited to announce that we have teamed up with Feeding American West Michigan so that during the summer the Fruitport District Library will be able to supply lunches for school age children! On Mondays, Wednesday, and Fridays between noon and one we will have a craft and lunch provided at the library and a second to be decided location.

million bribing doctors and hospitals to push deadly drugs on patients"; "More high school athletes collapse and DIE after taking vaccines as pharma-pimping corporate media pretends there's no link;" "Hidden Pfizer trial data shows that ALL 'vaccinated' women in pregnancy lost their unborn babies;" "Scientific data shows that the fully vaccinated have become covid 'super spreaders';" "Dr. Robert Malone tells Stew Peters about the life-threatening effects of C-19 vaccines" (Brighteon.TV); "Many people fully vaccinated for covid are now going BLIND;" "Dr. Benjamin Marble: Fauci is the greatest mass murderer in history;" "Vaccine die-off: Fully vaccinated and triple-vaccinated deaths skyrocket;" "Triple vaccinated deaths skyrocketed 495% in January; 80% of all new covid cases are fully jabbed.;" (Natural News) May 8, 2022 - S.D. Wells, "VAXXING THE SHEEPLE: C-19 is the largest Asch Conformity Experiment ever conducted;" May 6, 2022 - Mary Villareal, "Latest CDC data shows 106 children died, 48,033 suffered adverse reactions following COVID-19 vaccination;" May 6, 2022 - Posted by JD Heyes, "Harmful effects of C-19 vaccines are best explained by micro blood clots: Report;" May 6, 2022 - Posted by S.D. Wells, "Top 10 'science' conspiracy theories in full effect right now;" May 6, 2022 - Posted by Ethan Huff, "IT NEVER ENDS: FDA wants to make COVID vaccination an annual ritual like flu shots;" and May 6, 2022 - Posted by Mary Villareal, "New study shows vitamin supplementation helps prevent C-19 infection."


More valuable sources: World Council for Health; [greatreject.org](http://greatreject.org); Dr. David Martin; [brandnewtube.com](http://brandnewtube.com); [redvoicemedia.com](http://redvoicemedia.com); [frankspeech.com](http://frankspeech.com); [ugetube.com](http://ugetube.com); [vaccineimpact.com](http://vaccineimpact.com); [davidmartin.world](http://davidmartin.world); [algora.com](http://algora.com); [onenewspage.com](http://onenewspage.com); [stopworldcontrol.com](http://stopworldcontrol.com); [imbd.com](http://imbd.com); [planet-today.com](http://planet-today.com); [bluecat.media](http://bluecat.media); [forbiddenknowledgetv.net](http://forbiddenknowledgetv.net); [greeknewsdemand.com](http://greeknewsdemand.com); [truth11.com](http://truth11.com); [earthnewspaper.com](http://earthnewspaper.com); [hnewswire.com](http://hnewswire.com); [truthcomestolight.com](http://truthcomestolight.com); [americasfrontlinedoctors.org](http://americasfrontlinedoctors.org); [thehighwire.com](http://thehighwire.com); [timetofreeamerica.com](http://timetofreeamerica.com); [thrivetimeshow.com](http://thrivetimeshow.com); [worldcouncilforhealth.org](http://worldcouncilforhealth.org); [flybynews.wordpress.com](http://flybynews.wordpress.com); [stopmandatoryvaccination.com](http://stopmandatoryvaccination.com); [chemistonvaccines.com](http://chemistonvaccines.com); [dissolvingillusions.com](http://dissolvingillusions.com); [energetichealthinstitute.org](http://energetichealthinstitute.org)

**DETOX:** The top 10 spike protein detox essentials include vitamin D, vitamin C, nigella seed, quercetin, zinc, curcumin, milk thistle extract, NAC, ivermectin and magnesium.

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